

Rye Medical Centre and
Ferry Road Health Centre
Patient Participation Groups
Present:

Healthy Habits on a Budget

How healthier habits can help you feel better in yourself
and give you more energy for life

A Free Talk by

Alice Yeates

Diabetes & Energy Nutrition

Monday 16th
October 6.30pm

The Hub on
Rye Hill, Kiln
Drive, Rye
TN31 7SQ

Refreshments provided from 6pm.
All welcome!

